

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

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I stopped for a moment after I entered the date for this newsletter and realized that we will soon start another new year. I am always amazed at how fast time goes and because I write a weekly newsletter that is written before the date that it appears I am sometimes confused by just what date today is! Perhaps that is a factor of getting older and having more dates and years to sift through.

A good example of time going swiftly happened yesterday. In my never-ending quest to organize the basement shelves after getting the Christmas totes down I came across a box labeled 'Mom and Dad's Christmas Manger'. I immediately knew what was in the cardboard box but what struck me was that my first thought was how meaningful the memory was and would probably not happen in today's world. This delivery to our farm came from the mailman and was a very rare occurrence more than 70 years ago. My Grandma Olson had sent the package for Christmas. The fact that I surprised myself at what popped into my brain after all that time must mean that childhood memories leave imprints, and I could almost feel my long-ago excitement. There is a kind of sadness that in today's world of Amazon and the many other instant delivery companies, kids are going to miss such a special happening.

The Recreation Department is offering a trip to the Rotary Botanical Gardens Light Show in Janesville on Tuesday, December 21. Pick up will leave from Club 55 at 4:00 and return sometime around 8:00pm. Cost is \$18 for show and transportation. This is a walking tour through the garden paths which feature more than one million lights. Dress for the weather. Call Club 55 at 920-728-2176 to make your reservation. This is also the Winter Solstice so a perfect trip to get outside and enjoy the stars.

This week's special events:

Monday, December 13, @10 am Pickleball / This is a great time to learn how to play. The Rec Dept has some equipment that you may use at Club 55. Stop in and see what it is all about.

Tuesday, December 14, @ 10am exercise with Diane in the gym

11:30 Meeting of the Club 55 Advisory Board

12:30 Canasta and Euchre groups

Wednesday, 10 am Cardio Drumming / Cardio Drumming is a growing trend and combines creativity and fitness. There is an increase in one's heart rate while burning calories.

1:00-2:30 Bingo in gym Many thanks to Rick Santovec for donating gift certificates to the Lake Mills Market in the amount of \$10 to be used as the grand prize for bingo.

Thursday, 10am exercise with Diane in the gym

11 am Christmas Music Gathering in gym

Music, cookies, and punch in Club 55 / Rich Fronek will entertain us at the piano with favorite Christmas songs and there will also be a group of the Bell Choir from the Moravian Church. Punch, coffee, and cookies will be served in Club 55 afterward.

Club 55 will be open next week, December 20, 21, and 22. We will be closed on Thursday, December 23 and reopen on Monday, January 3.

2022: Foot Care is Wednesday, January 5, and the first Bingo of 2022 is also Wednesday, January 5.

You may continue to order Bia meals during the time we are on Christmas break, and they will be delivered to Club 55 on Wednesdays at 2:30. The menu for Wednesday, December 22 is Brats, German potato salad, slaw, dessert. Meals are \$10.55 each and need to be ordered by the Friday before the week they are delivered. You may order online at

<https://www.lakemills.k12.wi.us/recreation/bia-meal-program.cfm> , by filling out a form at Club 55, or by calling Club 55 at 920-728-2176.